

Dear Friends,

As we continue to move through the Advent season, I hope each of you is finding the ways to rest and relax a bit with the Lord in the midst of otherwise very busy schedules. I repeat myself, I know, but continue to recommend that, in the course of the day, we take a break to “have a cup of tea (or coffee or chocolate)” with the Lord, to take those few minutes, quietly on our own, to read a passage of Scripture, to say a prayer, to reflect on the day’s prayer from our Advent booklets, and to utilize this time to grow in our relationship with Christ, who comes to save us.

If you have children or grandchildren, be sure to spend time sharing stories of patient waiting for the coming of Christmas, for the ways you and your family have traditionally celebrated the birth of Jesus, the way you would go to Mass as a family (midnight?) or when you would open your gifts, or how you would bring the Christ-child to the manger.

We all have many traditions for this season. Let us share these, and remember these, as signs of how much we are loved by God and how we share that love with others.

Have a blessed week!

*Father Fred*

